



AGREEMENT OF PARTICIPATION

I understand that the Han Moo Kwan Tae Kwon Do martial art form is potentially dangerous and requires a substantial commitment to safety and control during practice.

The Han Moo Kwan Tae Kwon Do – Sunnyvale Club Instructor(s) agrees to provide training at a level appropriate for me, based on my skill set and experience.

As a member of the Han Moo Kwan Tae Kwon Do – Sunnyvale Club, I will only use my training strictly for self-defense purposes ONLY and if no other options exists to avoid, de-escalate, or escape any confrontation. During training, I will:

- Respect my Instructors, training partners, fellow students, and the art form itself
- Stay within the bounds set by the Instructor(s), listen and follow their direction without challenge. In situations where I judge that such direction exceeds my physical capabilities, I reserve the right to honor my body by stepping away from the training area.
- Accept feedback from the Instructor(s) and make adjustments accordingly
- Demonstrate a positive attitude and a willingness to learn
- Adhere to the Club Policies and Directives
- Be prepared and engaged

I understand that I am encouraged to openly express my questions and observations as they are a valuable training tool to gain clarity. I will respect the limited class time by seeking personal guidance and raising non-subject material / issues directly with the Instructor outside of class.

By participating in the training, I acknowledge the above guidelines and agree to abide by them.

Member Name: _____

Member Signature: _____

Date Signed: _____